

Our services

We provide services and support for women and children experiencing and escaping family and domestic violence



(08) 9300 0340 patgilescentre.org.au

We offer culturally appropriate services and welcome women and children from all cultures and backgrounds. Patricia Giles Centre for Non-Violence provides a range of services and programs for women and children experiencing and escaping family and domestic violence. Wandjoo Place is our integrated family violence services hub, which also provides a range of support services from respected partner agencies, all under one roof.

Our services

Safe accommodation

If you are in a violent or abusive family situation sometimes the only option for you to be safe is to leave your home and access support from crisis care accommodation, often called a refuge.

We welcome women on their own or those with children up to 18 years of age to our refuges.

Our staff will offer you emotional and practical support during your stay. At our community hub, Wandjoo Place, you will be able to access a range of support services from our partner agencies. Those services can provide the information you need to understand your legal, housing and financial options. Once you have left one of our refuges, we will continue to provide you with support and assistance while you remain within our catchment area.

Housing support

Our team can help you to find and maintain safe, suitable and long-term accommodation. We can assist you with referrals to housing services, help you to navigate the applications process for Public Housing and provide support letters and advocate on your behalf, and help you successfully secure



your own rental accommodation. We can also help if you are accommodated through National Housing and Homeless Agreement services. After you find accommodation we can provide some advice on safety strategies for your new home.

Our ongoing housing support can be offered for up to 12 months.

Women's counselling

Our counselling service provides you with a safe, non-judgemental space, where you can speak freely and confidentially about the challenges you are experiencing due to family violence.

By recognising that everyone's journey and experience is unique, our specialised counsellors provide flexible support that can be tailored to meet your individual needs. All support is designed to help you to work through your trauma and improve your social and psychological health and wellbeing.

Our counselling appointments can be offered either face-to-face or via Telehealth. Everyone deserves to live free from violence and there should be no barrier to accessing support, which is why our counselling service is free.

Staying in your home

When you are experiencing family violence sometimes remaining in your own home while the violent person leaves, is the best option for you and your children.

Our **Safe at Home** and **Keeping Women Safe in Their Homes** programs provide you with a range of supports to keep you and your children safe in your own home while remaining conected to your community. Our specialist case workers will provide a comprehensive family violence risk assessment and safety planning, including property inspections and security upgrades. Our support and assistance can help you rebuild a safe life for yourself and your children.

Group programs

We offer a variety of group programs for women and children affected by family violence. They offer support and information, as well as the opportunity to meet others in similar situations.

Group programs can also help reduce social isolation and build connections within your own community.

To find out more about our group programs please contact us for further information or ask to be emailed a copy of our monthly calendar.

Children's counselling

We offer a free counselling service for children and adolescents who have experienced or witnessed family violence. Our qualified professional counsellors provide specialist support at our community hub Wandjoo Place, via Telehealth or at your children's school.

The physical, emotional and psychological safety of your children is at the heart of our children's counselling service. Children are provided with a safe, empowering environment to help them to heal from their exposure to family violence.

About family and domestic violence

Family and domestic violence is when one person wants to control and have power over another. They can be an intimate partner, a parent, a child, a sibling, another family member, a carer... anyone in your household.

It happens to people in **all walks of life** – all ages, all cultures, all communities, all income groups and all abilities.

Warning signs

Do you have someone in your life who:

- · Makes it hard for you to leave the house?
- · Doesn't let you have your own friends?
- · Keeps you short of money?
- · Makes you feel stupid, crazy, worthless?
- Threatens you if you leave, talk to a lawyer or go to the police?
- · Hurts you physically?
- Makes you have sex when you don't want to?
- Keeps putting you down?
- Intentionally hurts pets or other animals?

If you can identify with any of this, please contact us on (08) 9300 0340.

Family violence can be:

- Physical
- Verbal
- Financial
- Sexual
- Emotional

- Psychological
- Social Isolation
- Cultural
- Spiritual

Important numbers

Police – emergency	000
Police – to report an incident	131 444
Crisis Care	1800 199 008
Women's Domestic Violence Helpline	(08) 9233 1188
Sexual Assault Resource Centre	(08) 9340 1828
1800 Respect	1800 737 732
Domestic Violence Legal Aid Unit	(08) 9261 6254
Lifeline	131 114

Need assistance?

If you are experiencing or escaping family and domestic violence please contact us.

Our priority is to help you find safety, security and stability by offering:

- safe space,
- · support, understanding and respect,
- experience and expertise,
- practical assistance and a range of resources,
- referrals to other services if needed, and
- advocacy speaking up for you.

We also work in partnership with WA Police and the Department of Child Protection by carrying out home visits and assessing incidents of family violence.

If you have any concerns for a friend or family member you will find some information on our website, or you are welcome to contact us directly.

Opening hours

Patricia Giles Centre for Non-Violence operates in the northern suburbs of Perth.

Our office hours are 8.30am to 4.30pm Monday to Friday.

(08) 9300 0340 patgilescentre.org.au