



Patricia
Giles
CENTRE



Caring Dads

Patricia Giles Centre is committed to ending family and domestic violence in our community. For over 30 years we have been providing a range of services for women and children experiencing and escaping family violence and abuse. We help them find safety, security and stability. We support and empower them to get mentally and physically well so they can get their lives back on track. And within the community we educate and collaborate – always working towards a future free from family and domestic violence.

The issue

We know that many young children live in households where violence takes place and are frequently present when it happens. Statistics also tell us fathers are perpetrators of that violence in the vast majority of cases. It's therefore important to find ways to include fathers in efforts to break the cycle of violence and help keep women and children in our community safe.



Our solution

While continuing to provide crisis services to assist women and children experiencing and escaping family and domestic violence, we are also committed to offer intervention and prevention of violence programs that work with men.

Caring Dads™ is an internationally recognised and implemented perpetrator program that focuses on fatherhood. Its success has changed our thinking to better include fathers in efforts to enhance the safety and well-being of their children. The core principle is to hold Dads accountable in keeping their children safe.

The program was specifically designed from the premise that violence against women and violence against children are intertwined, and that these two issues both can and should be addressed together.

Evaluations from the program prove its effectiveness and show sustained improvements in fathers' behaviour.

Patricia Giles Centre is aiming to introduce the Caring Dads program to the range of services we provide.

The program

Caring Dads is a counselling and interpersonal problem-solving program that aims to enhance fathers' understanding, development and decision making so that future problems are prevented.

It was developed by psychologists at the University of Toronto in collaboration with experts from child protection services, family and domestic violence intervention organisations, children's mental health agencies, women's advocates, family resource agencies and justice services.

Caring Dads builds on significant research results that show us when fathers are positively involved with their families, children benefit cognitively, socially, emotionally and developmentally. We also know that creating strong healthy bonds between fathers and their children has a positive impact on the relationships they will have as adults.

The proven benefits of working with fathers via the Caring Dads program include:

- Improving the emotional attachment between children and fathers encouraging a strong and healthy relationship.
- Providing support to children's mothers by taking pressure off them to keep everyone safe.
- Assisting children to heal as their father takes responsibility for past violence.
- Equipping men with the knowledge, awareness and strategies to improve their fathering.
- Ending violence against women.

You can help

To break the cycle of violence and help keep women and children in our community safe, Patricia Giles Centre is aiming to introduce Caring Dads to the range of services we provide.

We have a fundraising target of \$10,000 to start up the Caring Dads program. This will cover specialist training by Stopping Family Violence for our staff as well the costs to set up the program.

By donating to Patricia Giles Centre you are helping us to work towards preventing family and domestic violence in our community.



Our services

Patricia Giles Centre offers a suite of services to assist women and children affected by family and domestic violence including:

- safe crisis accommodation
- housing support
- women's and children's counselling
- group programs
- advocacy, resources and support

To make real difference in the lives of woman and children affected by family and domestic violence we offer a range of programs you can donate to.

- Safe at Home
- Empowerment Program
- Circle of Security
- New Start Kits

Contact us

Please contact us to see how you can help.

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